

## **Things you should consider when selecting a Team**

➤ **What do the Teams you are considering have to offer your child?**

Q. Is it a Year around Swim Program?

**A. Yes and the only one in Lorain County**

Q. Do they have formal dry land with a trainer?

**A. Yes**

Q. Are videos used to demonstrate technique?

**A. Yes**

Q. Is underwater filming utilized?

**A. Yes**

Q. Do they offer USA swimming?

**A. Yes**

Q. Is Nutrition & Hydration discussed?

**A. Yes - Visit our web site's Coaches Corner.**

**[http://www.torpedoswimming.org/Links\\_Detail.aspx?Source=CoachsCorner&LinkID=20](http://www.torpedoswimming.org/Links_Detail.aspx?Source=CoachsCorner&LinkID=20)**

➤ **How successful has the Team and their swimmers been?**

Q. How many Large or small Divisional champions ships have been won in the past 4 years?

**A. We have won 2 Large, 1 Small championships**

Q. How many National Swimmers has this team produced in the past 4 years?

**A. We had 8 in 2009 alone - 4-8 each year**

Q. How many swimmers are now competing at the college level?

**A. Four Plus in 2009**

➤ **What is the philosophy of the team and its Coaching staff?**

Q. Are there try outs to see if you are good enough?

A. No try outs, Everyone Swims

Q. Is it more important to be challenged and build character or win?

A. If you build character you are a winner

Q. Are academics recognized by the team and celebrated?

A. Yes and acknowledged at functions

Q. Do Coaches talk about setting Personal goals and why you should set them?

A. Yes, We teach Setting SMART goals and encourage parents to participate

Q. Are YMCA Values and Sportsmanship demonstrated and taught?

A. Yes, especially at meets

Q. Is specific time set aside for teaching Technique or is it just kind of worked in?

A. Yes, Each Friday is film day as needed

Q. Why is one teams cost more than another?

A. Team expenses are all about the same, so if one team is less than the other you have to ask why. The answer is simple. They probably do more fund raisers and most likely mandate parent participation or require buy outs.

➤ **Listen to what is being said!**

Q. What are parents saying about their team? Do they like the Coaching Staff and the results obtained?

Q. What are swimmers saying about their team? Are they having fun, do they enjoy being on the Team?

I hope these questions help you in deciding what Team is right for you...

Best regards! Coach AI